

Recreational (Social) Member:

- Weekly Club Newsletters to keep you informed.
- Access to the private Facebook & Strava groups.
- Athletics Wellington & Athletics New Zealand Affiliated (access to ANZ Member benefits).
- Participate in Saturday Club days, Monday indoor training at NZCIS and Thursday Club nights (Seniors only).
- Entry fees paid for to participate in the following inter-club relay events:
 - Shaw Baton Cross Country Relay.
 - Victoria University Cross Country Relay.
 - Moonshine Road Relay
- Can participate in the following club events:
 - Mad Dash Relay.
 - Club cross country champs.
 - Novice & Presidents cross country races.
 - Steve Plowman cross country for Under 12's.
 - Sanders and Gough cross-country races.
 - Rhys Mair Memorial Trail champs (minimum age 14).
 - King and Queen of the Mountain race walk.
 - Eric Putter Memorial road relay.
 - Club road champs.
 - Mangaroa road race (minimum age 16).

Junior Members and Senior Competitive Members:

- Everything included with being a Recreational Member, plus,
- Entry fees paid for to participate in the following Winter Cross Country & Road Inter-club events:
 - Wellington Mixed Cross Country Relay Championships.
 - The Vosseler Shield.
 - The Dorne Cup.
 - Wellington Cross Country Championships.
 - Wellington Road Championships (inc. Wellington 5k champs for U20, Seniors and Masters).
 - Wellington 10k Road Championships for U20, Seniors and Masters.
 - Wellington Road Race Walking Championships.
- Eligible for place medals in Athletics Wellington and Athletics New Zealand championship pay-to-enter events (e.g. Full and Half Marathons).
- Support for club members selected for the Wellington Team in National Cross Country and Road events.